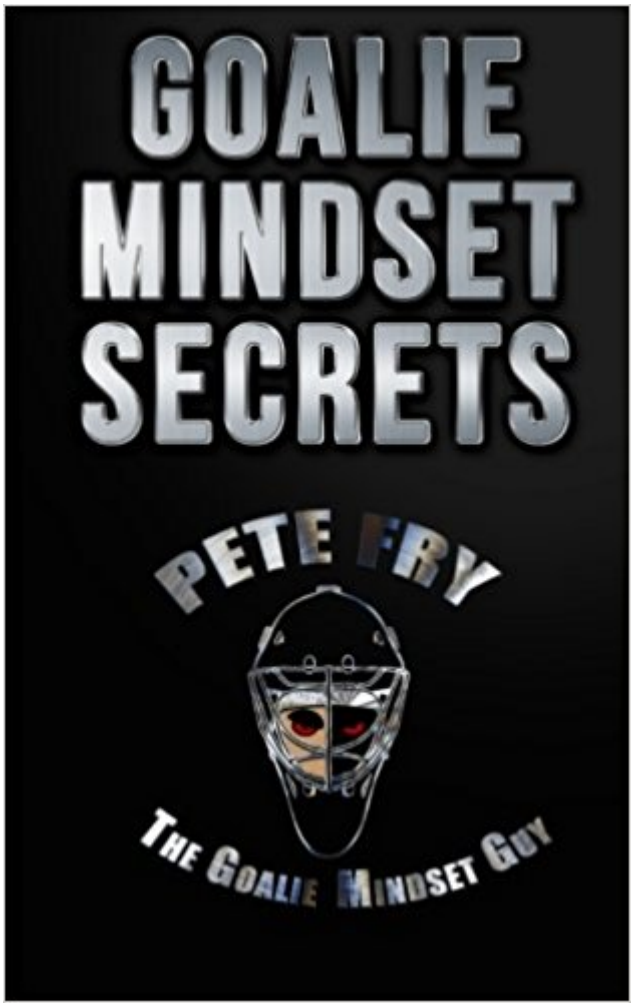
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Goalie Mindset Secrets: 7 Must Have Goalie Mindset Secrets You Don't Learn In School!



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Synopsis

Goalie Mindset Secrets is the book to help goalies climb to the highest levels in the game. To have their very best games, seasons and playoffs. Most pro’s and coaches will tell you that the game is 90% Mental yet very little amount of time is invested in the mental part of the game. This doesn’t make sense. Goalie Mindset Power explores seven secrets for the ultimate goalie mindset. This book also shows you how to put these secrets into action because without action it doesn’t matter how much knowledge and skill you have.

Book Information

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Customer Reviews

Author, Speaker and Professional Goalie Mindset Consultant. Pete Fry takes goalies to the next level by working with their Mindset. Utilizing Proprietary Mental Training Techniques developed from over 30 years of research and goaltender development. Helping goalies "Get and Keep The Power".

great book for goalies and goalie coaches. While it is hockey specific the application of concepts contained in the book can be applied to any sport and to life overall. This book is a fast read even if you don’t enjoy reading. I highly recommend this book to everyone.

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